**Pastor Donnie Hudson** 

#### October 2021

# MTV MountVernon

# FIRST UNITED METHODIST CHURCH

# The Messenger

# Mark Your Calendar



Monday Thru Thursday 8:30 to 2:30 Lynn McDonald Administrative Assistant

Leadership Team after Worship
ABMD
Nominations Committee after Worship
MVMW at 11 am at the Panda House
Munchkin Maze / Trunk or Treat

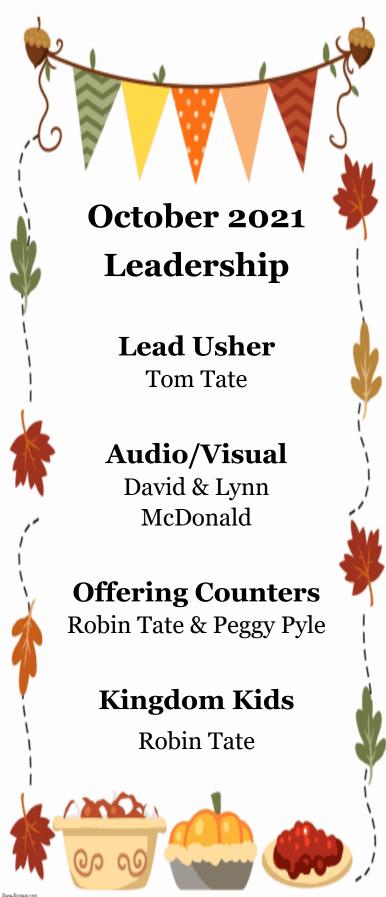
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# **Coming Soon**

November 6	Life Line Screenings
November 7	Leadership Team
November 13	"Jesus" at Sight and Sound
November 25-26	Thanksgiving
	Office & SBS Closed

The Messenger



First United Methodist Church Worship 9 am Sunday School 10 am

#### Check Us Out Online!

Check out our homepage at www.mtvunited.org and leave us a message!

#### Save Your Best Choice!

We now have 463 Best choice labels, up from the 324 we had in September. If we want to get the bonus by the end of the year, we're going to need to come up with a lot more labels. Please keep looking for Best Choice items and save the labels for us. Thanks to all who help with this project.

Please make sure the number underneath the barcode starts with "70038", these numbers denote the Best Choice brand. You are appreciated and you are helping fund the education of our children.

### A Note From Pastor Donnie

BOO!

Scared?

No?

Good, because the Scripture tells us to not be afraid around 365 times.

October is Halloween month; a time when we frighten others or like to be frightened just for fun. However, in real life fear is no laughing matter. Fear can immobilize a person. It can keep you from accomplishing a goal through fear of failure or fear of accomplishment ("what will be required of me if I accomplish my goal?") Fear of what others will think may keep you from speaking truth or giving a witness of Jesus. Fear of scarcity can hinder an attitude of generosity in your life.

We all deal with fear from time to time. But there is an antidote.

Thankfulness!

1 Thessalonians 5:18 NLT says, ""Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus." When we are thankful in the midst of what we are afraid of it reminds us that God is bigger, that He loves us and that what the enemy means for our harm; God uses for our good!

Have fun this Halloween, but when you encounter real fear remember that "God's got this!"

Blessings,

Pastor Donnie

The Messenger

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# Step By Step Ministry Update



Step by Step is heading to Country Road's pumpkin patch for a field trip on Friday, October 1st.

# Step by Step will have their Halloween Party on Thursday, October 28th.





Step By Step Now Hiring Please send resumes to stepbystepfumc@gmail.com



BEING A CHRISTIAN Is like being a pumpkin. God picks you from the patch, brings you in and washes all the dirt off of you. Then He cuts off the top and scoops out all of the yucky stuff. He removes the seeds of doubt, hate, and greed. Carves you a new smiling face; puts His light inside of you to shine for all the world to see.

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# Please keep the following in your prayers:

#### **General Prayer Requests**

Ian McDonald Those battling COVID-19 and their families



Our people in the nursing homes:

**Cancer Treatment** 

Chris Atkinson

#### Health and Healing

Jim Greene Jean McDonald

#### <u>Military</u>

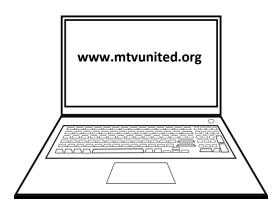
Nathan Harralson Lt. Anthony Richardson Landon Hull Lt. Jonathan Healey Lawrence County Manor 915 Carl Allen Dr Mt. Vernon Wilma Wood Lucille Newkirk

Reva West

#### Oak Pointe of Monett 1011 Old Airport Rd Monett, MO 65708

Lonnie Baugh

#### The Messenger



#### October 2021

#### Pastor Donnie Hudson

Do you surf the web? Have a Facebook page? Like us on Facebook or you can get an update on what is going on at Church on our website:

#### www.mtvunited.org

If you would like to announce an event you can email the church office at:

#### office@mtvunited.org

or drop off your item in the "website/social media" mailbox outside the church office.



## MVMW Mt. Vernon Methodist Women

#### TO: <u>ALL</u>LADIES of the CHURCH

Our September meeting was at the Panda House. We had 8 ladies present. We received thanks for our help with the Backpacks and the Summer Bash. We sent \$250.00 to the Festival of Sharing to be used where most needed. We voted to continue sending a donation to the Ludhiana Christian Medical College twice a year, instead of 4 times a year.

The devotion was given by Judy Kitchen.

Our <u>October meeting</u> will be the  $2^{nd}$  <u>Tuesday, Oct. 12, at 11am, at the Panda House</u>. Kitty Crider will be our hostess and have the devotion. We will be planning for our November service to the Ozark Methodist Manor. Please join us if you can; we always have a fun and informative time – and a delicious meal.

# The Mustard Seeds

Planting seeds in faith

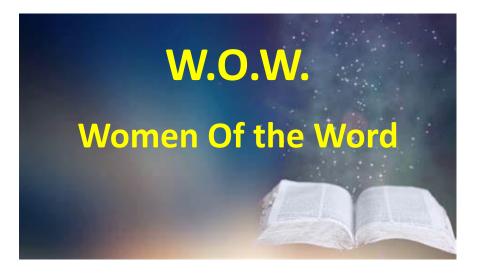
There is a Small Group Bible Study every Sunday following morning worship.

It is called MUSTARD SEEDS.

Adults of any age are invited to go to room 103 down the east hall and join in. It's OK to come any time because the study is informal. (Spoiler alert:) You may hear some chattering and laughing. It happens a lot! Not disrespectful, just good fellowship!

Check it out!

♡ If a Tiny
Virus can do
this much
Damage....
imagine what
a Mustard
Seed of Faith
can Do.... ♡



Women of the Word (WOW) has started a new study. "Now that faith has come" is a Beth Moore study on Galatians.

All are welcome to come and join us!

You can purchase this on Amazon if you need assistance please contact the Church Office

#### **Prayer Focus Group**

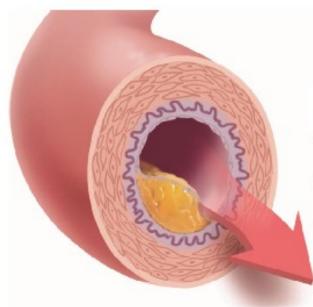


We meet every 4th Monday at 5:30 pm for focused prayer for our church, the ministries God has given us and the people He has called to fulfill them. In between our meeting times, Pastor Donnie will contact each prayer group member with any additional prayer focus and with prayer encouragement. If you would like to know more or believe God is calling you to a prayer ministry, please contact Pastor Donnie or come visit one of our meetings.



We have an Emergency Food Pantry. We are stocked and ready to help <u>anyone</u> who might need something to eat. If you know of anyone who might need this service please let them know we are here. We have pre-made bags for singles, couples, and families.

The pantry is open Monday through Thursday 8:30 am to 2:30 pm.





density.

# Do you have plaque buildup?

- Atherosclerosis (illustrated at left) is the leading killer of adults age 55+.1
- 70% of those age 55+ have 2 or more risk factors, and many are not aware of it.2
- Using advanced ultrasound technology, Life Line Screening can now actually see inside your arteries to help determine your risk for atherosclerosis.

National Heart Lung & Blood Institute <sup>2</sup>Life Line Screening catabase analysis; & Million customers screened between 1993-2014.

# Which Screenings are Right For you?

9 out of 10 cardiovascular doctors support preventive health screenings for cardiovascular disease among patients with key risk factors.\*

	A	1 3 16313 101 914	13		
Carotid Artery/ Plaque Screening \$70.00	Heart Rhythm Screening (Atrial Fibrillation)	Abdominal Aortic Aneurysm Screening	Peripheral Arterial Disease Screening \$60.00	Osteoporosis Risk Assessment \$60.00	
Ultrasound scan of the carotid arteries that screens for plaque buildup.	\$70.00 This screens for irregular heart beat.	\$70.00 Screens for an aneurysm in the abdominal aorta, which could rupture.	Screens for peripheral arterial disease in the lower extremities.	Bindex® Ultrasound Technology scans the shin bone to determine abnormal bone density	

All 5 Tosts for \$1/0 -

\* Survey was among Cardiovascular Physicians, Vascular Surgeons and Neurologists, Examples of key risk factors include obesity, tobaccoluse, diaberes, high blood pressure. Age 56+, family history of CVD

80% OF STROKES ARE PREVENTABLE – ARE YOU AT RISK?

### **NOVEMBER 6, 2021** FIRST UNITED METHODIST CHURCH 621 W SLOAN ST, MT VERNON, MO

SAVE \$10 WITH PRIORITY CODE "HEFY" = \$139

330-268-8350 Hannah or 330-224-1786 Megan





A group from the church is going to see "Jesus" at the Sight and Sound Theatre in Branson on Saturday, November 13th. We will leave from the church at 11:30 am, have lunch at Mel's Hard Luck Diner and be at the theatre for the 3:30 pm showing.

There is still time to get tickets.

Call Pastor Donnie (870-359-5678) or Lynn at the church office to order your tickets.

OCTOBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 Praise Team—8 am Mustard Seeds after Worship Leadership Team after Worship	4	5	<b>6</b> SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	7	8 ABMD	9 ABMD
10 ABMD Praise Team— 8 am Mustard Seeds after Worship Nominations after Worship	<b>11</b> W.O.W.—6:30 pm	<b>12</b> MVMW—11 am at Panda House	<b>13</b> SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	14	15	16
17 Praise Team— 8 am Mustard Seeds after Worship	18	19	20 SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	21	22	23
24 Praise Team— 8 am Mustard Seeds after Worship	25 Prayer Group —5:30 pm W.O.W.—6:30 PM	26	<b>27</b> SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	28	29	30
<b>31</b> Praise Team— 8 am Mustard Seeds after Worship Trunk or Treat - Munchkin Maze	1	2	<b>3</b> SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	4	5	<b>6</b> Life Line Screenings 8 am—5:30 pm



- 1 Rilei Tabor
- 3 Ann Knott
- 9 Whitney Mosley
- 11 Doug Immekus
- 12 Garrison Earnest
- 13 Robert Perryman

- 16 Mike Pyle
  - 17 Danielle Tabor
- 20 Robin Tate
- 21 Judy Kitchen
- 27 Lonnie Baugh
- 31 Cindi Grace



