



Mount Vernon

FIRST UNITED METHODIST CHURCH

The Messenger

Mark Your Calendar



Monday Thru Thursday

8:30 to 2:30

Lynn McDonald

Administrative Assistant

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November 6

Life Line Screenings 8am—5 pm



Set Clocks back 1 hour

Daylight Saving Time Ends

November 7

Leadership Team—after Worship

November 9

MVMW—11 am at Panda House

November 13

“Jesus” at Sight and Sound Theatre

November 25

Happy Thanksgiving

Office & SBS Closed

November 26

SBS Closed

Coming Soon

December 5	Leadership Team
December 14	MVMW
December 24	Christmas Eve Service
	SBS Closed
December 25	Merry Christmas
December 31	SBS Closed

First United Methodist Church
Worship 9 am
Sunday School 10 am

Check Us Out Online!

Check out our homepage at
www.mtvunited.org and leave
us a message!

Save Your Best Choice!

We now have 580 Best choice labels, up from the 463 we had in October. If we want to get the bonus by the end of the year, we're going to need to come up with a lot more labels. Please keep looking for Best Choice items and save the labels for us. Thanks to all who help with this project.

Please make sure the number underneath the barcode starts with "70038", these numbers denote the Best Choice brand. You are appreciated and you are helping fund the education of our children.

November 2021 Leadership

Lead Usher
Lance McKinzie

Audio/Visual
David & Lynn
McDonald

Offering Counters
Volunteers Needed

Kingdom Kids
Annette Hudson



A Note From Pastor Donnie

Don't Be A Turkey This Thanksgiving

Ahhhh, the Thanksgiving holiday. A favorite holiday. Family get-togethers, lots of food, turkey and all the fixin's, pumpkin pie, pecan pie (or whatever is your favorite), football, hunting, an afternoon nap, leftovers, indigestion....

What words describe your Thanksgiving tradition? (Pause and think about it.)

Go back and read my list again. What's missing?

I grew up with a very loving family and great parents. They taught me to be thankful. I remember when I was a child, if anyone ever gave me something my parents were quick to notice if I said "thank you" and would correct me if I had not. Curiously enough, I don't remember giving of thanks being emphasized on Thanksgiving day. So, in case you fall into the same category as me, here is your reminder that the Thanksgiving holiday should remind us, and give us an opportunity to be thankful.

The scripture has a lot to say about being thankful:

"Devote yourselves to prayer with an alert mind and a thankful heart."
Colossians 4:2 NLT

"Praise the Lord! Give thanks to the Lord, for he is good! His faithful love endures forever."
Psalms 106:1 NLT

"Let us come to him with thanksgiving. Let us sing psalms of praise to him."
Psalms 95:2 NLT

"Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."
1 Thessalonians 5:18 NLT

... and these are just a few of the Scriptures related to Thanksgiving.

Of course, we should be thankful all year long, even on a daily basis. Doing so can brighten your day, help you get through a rough time, and draw you closer to God!



I will leave you with the following prayer:

May your stuffing be tasty
May your turkey be plump,
May your potatoes and gravy
Have nary a lump.
May your yams be delicious
And your pies take the prize,
And may your Thanksgiving dinner
Stay off your thighs!"

-Anonymous

Remaining thankful for all of you,

Pastor Donnie

P.S. Don't be a turkey this Thanksgiving; be thankful!



Step By Step Wish List

Great Value leak proof plates	Whole milk
8 ounce cups	1% milk
Baby Wipes	Noodles
Paper Towels	Spaghetti sauce
Lysol spray	Alfredo sauce
Disposable gloves (large)	Snack foods
13 gallon trash bags	Canned chicken
Cheerios, Frosted Flakes	Hot dogs
Peanut Butter	Corn dogs
Jelly	Chicken nuggets
Small tortillas	Pizza rolls
Whole grain crackers	Fish sticks
Fresh or canned fruits and vegetables (apples, bananas, little oranges, raisins, frozen blueberries, carrots, cucumbers)	Lunch meats
	Cheese



Step by Step
will be closed
Thursday and Friday,
November 25-26th
for Thanksgiving



Step By Step
Now Hiring
Please send resumes to
stepbystepfumc@gmail.com

November 2021



Backpack Ministry

It is time to think about our Backpack Ministry for 2021-22. We were able to fill 240 backpacks this year for Mt. Vernon PreK-12th grade students. Our cost was \$5222.00 leaving a \$785 balance to start over for next year!

In October, we received a grant of \$4000 from Mt. Vernon Area Community Foundation. We have been very fortunate and grateful for their support since 2012. With this grant we have \$4785 to begin the 2022 school year. I will be writing another grant next spring through the Missouri United Methodist Foundation. Grant applications require a projected budget for your project, funds available, and how your organization supports the project. I am estimating a budget of \$6500 for next year, considering cost increases and an increase in the number of students served.

To meet this budget we are going to need to do some fundraising. Beginning November 7th we are starting "Cash for Backpacks". On the first Sunday of each month, we will be asking you to donate your change (checks and bills will happily be accepted). All funds will go to the Backpack Ministry.

This ministry is very close to my heart and I hope yours!

Your support is greatly appreciated,

Jean Duwe



Please keep the following
in your prayers:



General Prayer Requests

Ian McDonald

Those battling COVID-19
and their families

Cancer Treatment

Chris Atkinson

Health and Healing

Jim Greene

Jean McDonald

Military

Nathan Harralson

Lt. Anthony Richardson

Landon Hull

Lt. Jonathan Healey

Our people in the nursing homes:

Lawrence County Manor

915 Carl Allen Dr

Mt. Vernon

Wilma Wood

Lucille Newkirk

Reva West

Oak Pointe of Monett

1011 Old Airport Rd

Monett, MO 65708

Lonnie Baugh



Do you surf the web? Have a Facebook page? Like us on Facebook or you can get an update on what is going on at Church on our website:

www.mtvunited.org

If you would like to announce an event you can email the church office at:

office@mtvunited.org

or drop off your item in the “website/social media” mailbox outside the church office.



MVMW Mt. Vernon Methodist Women

TO: ALL LADIES of the CHURCH

Our October meeting was at the Panda House. We had 12 ladies present. Kitty Crider was our hostess and shared a devotion. We had a letter from the Ozark Methodist Manor sharing their Christmas gift list for the Health Care Center Residents. The MVMW will donate a \$50 check. We are also sending a \$50 check to The Diaper Pantry at the Presbyterian Church. They also welcome any donations any time.

Our **November meeting** will be the **2nd Tuesday, Nov. 9th, at 11am, at the Panda House.** Esther Perryman will be our hostess and have the devotion. Gifts for the Ozark Methodist Manor Christmas celebrations will be collected, to be delivered later. Thanks to our members who joined in the preparation of the “Good Bye” event for Patti Robb, who is moving to Columbia in November. We will miss her. Many of our ladies also plan to help with the Munchkin Maze on Oct. 31st. Please join us if you can; we always have a fun and informative time – and a delicious meal.

The Mustard Seeds

Planting seeds in faith

There is a Small Group Bible Study every Sunday following morning worship.

It is called MUSTARD SEEDS.

Adults of any age are invited to go to room 103 down the east hall and join in. It's OK to come any time because the study is informal. (Spoiler alert:)

You may hear some chattering and laughing. It happens a lot! Not disrespectful, just good fellowship!

Check it out!

♡ If a Tiny
Virus can do
this much
Damage.....
imagine what
a Mustard
Seed of Faith
can Do.... ♡



Women of the Word (WOW) has started a study.

“Now that faith has come” is a
Beth Moore study on Galatians.

All are welcome to come and join us!

You can purchase this on Amazon if you need assistance
please contact the Church Office

Prayer Focus Group



We meet every 4th Monday at 5:30 pm for focused prayer for our church, the ministries God has given us and the people He has called to fulfill them. In between our meeting times, Pastor Donnie will contact each prayer group member with any additional prayer focus and with prayer encouragement. If you would like to know more or believe God is calling you to a prayer ministry, please contact Pastor Donnie or come visit one of our meetings.



Dear Friends,

Thank you for the farewell party. Everything was so nice. The table was beautiful, the refreshments delicious, and the talks at the end were fun.

I have been a member of FUMC for 65 years. Needless to say I will miss you all.

Love, Patti

P.S.

Thanks for the cards and notes.





We have an Emergency Food Pantry. We are stocked and ready to help anyone who might need something to eat. If you know of anyone who might need this service please let them know we are here. We have pre-made bags for singles, couples, and families.

The pantry is open Monday through Thursday
8:30 am to 2:30 pm.



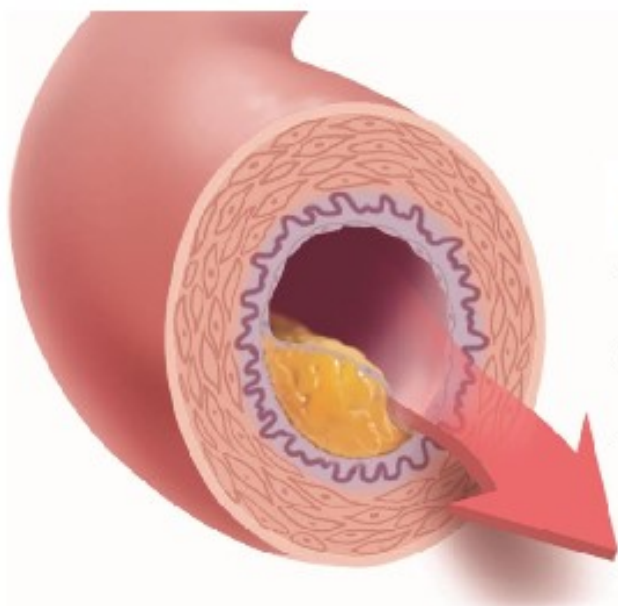
Angel Tree

Our Angel Tree is going up on November 10th.

We are receiving 25 toy tags
for children in our community.

Be on the look out for our tree
and get a tag before they are gone.

All gifts must be turned in by December 1.



Do you have plaque buildup?

- Atherosclerosis (Illustrated at left) is the leading killer of adults age 55+.¹
- 70% of those age 55+ have 2 or more risk factors, and many are not aware of it.²
- Using advanced ultrasound technology, Life Line Screening can now actually see inside your arteries to help determine your risk for atherosclerosis.

¹National Heart Lung & Blood Institute

²Life Line Screening database analysis; 6 Million customers screened between 1993-2014.

Which Screenings are Right For you?

9 out of 10 cardiovascular doctors support preventive health screenings for cardiovascular disease among patients with key risk factors.*

All 5 Tests for \$149

**Carotid Artery/
Plaque Screening**
\$70.00

Ultrasound scan
of the carotid
arteries that
screens for
plaque buildup.

**Heart Rhythm
Screening**
(Atrial Fibrillation)
\$70.00

This screens for
irregular heart
beat.

**Abdominal
Aortic Aneurysm
Screening**
\$70.00

Screens for an
aneurysm in the
abdominal aorta,
which could
rupture.

**Peripheral Arterial
Disease Screening**
\$60.00

Screens for
peripheral
arterial disease
in the lower
extremities.

**Osteoporosis Risk
Assessment**
\$60.00

Bindex® **NEW**
Ultrasound
Technology scans
the shin bone to
determine
abnormal bone
density.

* Survey was among Cardiovascular Physicians, Vascular Surgeons and Neurologists.

Examples of key risk factors include obesity, tobacco use, diabetes, high blood pressure, Age 55+, family history of CVD

80% OF STROKES ARE PREVENTABLE – ARE YOU AT RISK?

NOVEMBER 6, 2021

**FIRST UNITED METHODIST CHURCH
621 W SLOAN ST, MT VERNON, MO**

SAVE \$10 WITH PRIORITY CODE "HEFY" = \$139

330-268-8350 Hannah or 330-224-1786 Megan



Jesus Show

A group from the church is going to see “Jesus” at the Sight and Sound Theatre in Branson on Saturday, November 13th. We will leave from the church at 11:30 am, have lunch at Mel’s Hard Luck Diner and be at the theatre for the 3:30 pm showing.

There is still time to get tickets.

Call Pastor Donnie (870-359-5678) or Lynn at the church office to order your tickets.

NOVEMBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	4	5	6 Lifeline Screenings 8-5 pm
7 Daylight Saving Time Ends Leadership Team after Worship	8 W.O.W. 6:30 pm	9 MVMW—11 am Panda House	10 SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	11	12	13 Jesus Show at Sight and Sound Theatre
14 Praise Team—8 am Mustard Seeds 10 am	15	16	17 SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	18	19	20
21 Praise Team—8 am Mustard Seeds 10 am	22 Prayer Group 5:30 pm W.O.W. 6:30 pm	23	24 No Evening Activities	25 Happy Thanksgiving Office Closed SBS Closed	26 SBS Closed	27
28 Praise Team—8 am Mustard Seeds 10 am Advent Begins	29	30	1 SBS Chapel—10 am Youth—5:30 pm Bible Study—6 pm	2	3	4



1 Mason McKinzie
 9 Steve Brecht
 11 Shannon McKinzie
 15 Ryan Duwe
 18 Martha Bartelsmeyer
 23 Marion Belanger
 28 Jeanne Jones
 30 Lilly Belanger



13 Archie & Danielle Tabor
 16 Craig & Jean Duwe



Daylight Saving Time Ends
 Sunday, November 7th